### Montreal Cognitive Assessment (MOCA®)

**Version 8.1 Vancouver Island Coastal First Nations**

**Name:**  
**Education:**  
**Sex:**  
**Date of birth:**

**Date:**

1. **VISUOSPATIC / EXECUTIVE**
   - **Copy square box**
   - **Draw CLOCK (Ten past eleven)**

**Points:**

<table>
<thead>
<tr>
<th>Contour</th>
<th>Numbers</th>
<th>Hands</th>
</tr>
</thead>
</table>

**NAMING**

- **Reading list of words**, subject must repeat them. Do 2 trials, even if 1st trial is successful. Do a recall after 5 minutes.

**Memory Index Score (MIS):**

<table>
<thead>
<tr>
<th>BLANKET</th>
<th>DRUM</th>
<th>FEATHER</th>
<th>WATER</th>
<th>CEDAR</th>
</tr>
</thead>
<tbody>
<tr>
<td>1ST TRIAL</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2ND TRIAL</td>
<td></td>
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</tbody>
</table>

**Points:**

<table>
<thead>
<tr>
<th>0 points</th>
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**Attention**

- **Read list of digits (1 digit/sec.).**
  - Subject has to repeat them in the forward order.
  - Subject has to repeat them in the backward order.

**Language**

- **Repeat:** I only know that John is the one to help today.
- **Fluency / Name maximum number of words in one minute that begin with the letter S.**

**Abstraction**

- **Similarity between e.g. pear - apple = fruit**

**Delayed Recall**

- **Memory Index Score (MIS):**
  - **Has to recall words WITH NO CUE**
  - Points for UNCUESD recall only

**Orientation**

<table>
<thead>
<tr>
<th>Date</th>
<th>Month</th>
<th>Year</th>
<th>Day</th>
<th>Place</th>
<th>City</th>
</tr>
</thead>
</table>

**Points:**

<table>
<thead>
<tr>
<th>0 / 10</th>
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</table>

**Total:**

<table>
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<th>0 / 30</th>
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Administered by:  
**www.mocatest.org**  
(M Normal ≥ 26/30)

**Add 1 point if ≤ 12 yr edu**

**Training and Certification are required to ensure accuracy**

**Adapted by S. Somers CNS, M. Malone MD, S. Schovanek MD**